

A Yogi claims to have discovered the secret of genius in men and mystical experience in saints.

Gopi Krishna, a Yogi of Kashmir, traces these extraordinary conditions of the brain to the action of Kundalini, a psycho-somatic mechanism located at the base of the human spine.

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Pandit Gopi Krishna, residing in Karan Nagar, Srinagar, Kashmir, who returned from Europe recently, gave a Press conference yesterday in which he stated that Kundalini, known in India for thousands of years as a power-center at the base of the spine, that can be roused to activity by certain exercises to grant mystical experience and Samadhi, is in actual fact a dormant psycho-somatic power house, located in the reproductive region, which is naturally active in mystics and men of genius. Gopi Krishna roused this powerful center to activity in his thirty-fifth year with Yoga exercises, carried out for a period of seventeen years, and after thoroughly observing himself for a further period of more than 12 years wrote a book containing his experience, which was published in English last year and will also appear in German next month. He says that the science of Kundalini is one of the greatest discoveries ever made by man as it is this power-magazine that is at the base of all Revealed religious doctrines, scientific discoveries and artistic or literary achievements of mankind.

Gopi Krishna holds that when voluntarily roused to activity, with the help of yoga practices, the mechanism of Kundalini bestows the same kinds of gifts on the initiates as are associated with genius and sainthood. Methods to stimulate this power-center were, he says, known in China, Japan, Europe, the middle East, Greece, ancient Egypt and even in America, and were practised till recent times. The ~~ancient~~ knowledge has been lost due to the skeptical attitude of modern science. In recent times, Jung, the famous psychologist, who had made some research on the subject, has already traced connection between a certain class of mental patients and the phenomena associated with Kundalini. This connection, Gopi Krishna states, is due to the fact that when morbidly active Kundalini leads to certain kinds of mental disorders, which is the reason why the practice of Kundalini Yoga is considered to be dangerous. This is also the reason why there is a greater incidence of madness among the men of genius.

Gopi Krishna says that his discussions with top-rank scientists and scholars in Germany and Switzerland have convinced him about the correctness of his premise. He thinks that modern science is now almost on the threshold to accept his thesis and has no other reasonable explanation with them for the phenomena of genius or religious experience. He believes that the time has come to make a scientific research on this subject of utmost importance to mankind and for this a world-organization is necessary. Such an Organization, he says, has already been founded and will begin to function soon. Some of the topmost intellectuals of Germany have agreed to participate in this research and even to come to Kashmir for observing the investigation and the experiments done.

When proved, Gopi Krishna says, Kundalini will change many of the existing concepts of ~~psychology~~ psychology and other sciences and provide a sure method for the cultivation of genius, development of psychic faculties and for inducing genuine super-conscious states or samadhi. This existence of this biological power-center will also bridge the existing gulf between religion and science, and bring harmony between the different religions of man-kind. At the same time it will, by demonstrating the spiritual goal of mankind, have a most healthy effect on the moral and spiritual development of humanity, as a harmonious whole. No other single factor, according to him, is of such importance for the safety of the race in the atomic age as this research, which is likely to bring a host of startling facts about the spiritual nature of man to light.